

Be Well Walsall is a **free** wellbeing service which can make a real difference to your patients' quality of life.





Our support includes:



- ✓ A personalised self-care plan
- ✓ One-to-one and group support
- ✓ Wellbeing apps, designed to make a difference.

Why refer to us?

- ✓ Quick access to our expert team
- ✓ Simple referral and registration process
- ✓ Tailored support to suit your patients' needs.



Refer your patients today, and we'll take it from there:





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