Be Well Walsall

Have you had your free NHS Health Check?*

If you are **aged 40-74**, you could have a free **NHS Health Check** to help lower your risk of health conditions.

Be Well Walsall is working with the NHS to deliver this service, and helping people like you to make healthy habits for life.

Walsall Council

maximus

NHS

Healthy **WALSALL**

Starting Well • Living Well • Ageing Well

Get your free NHS Health check at:

Location:

Date:

Time:

Take the first step towards a healthier you today:

Most people visit our website to find out more

bww.maximusuk.co.uk/sign-up

bewellwalsall@maximusuk.co.uk

01922 444044

*Eligibility criteria apply. Text CHECK to 60777 to find out if you are eligible.
For alternative formats, email marketing@maximusuk.co.uk quoting X22-1851