

Be Well
Walsall

Have you had

your free

NHS Health Check?*

If you are **aged 40-74**, you could have a **free check-up** to help you lower your risk of health conditions.

Be Well Walsall is working with the NHS to provide this service. You can get your **free NHS Health Check** at:

Location:

Date:

Time:

*Eligibility criteria apply. Text CHECK to 60777 to find out if you are eligible.



Walsall Council

maximus



Starting Well • Living Well • Ageing Well

For alternative formats, email marketing@maximusuk.co.uk quoting X22-1843